

#### Working to Institutionalize Sexuality Education in Oregon Schools

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#### Sexual Health of Teens in Oregon

- 45% of 11<sup>th</sup> graders have had sexual intercourse
- 61% of 11<sup>th</sup> graders used a condom the last time they had sex
- 81% of 11<sup>th</sup> graders used birth control the last they had sex
- 1,847 per 100,000 15-17 year olds have Chlamydia
- Almost 12% of Oregon 11<sup>th</sup> graders identify as LGBQ or have had same-sex sexual contact

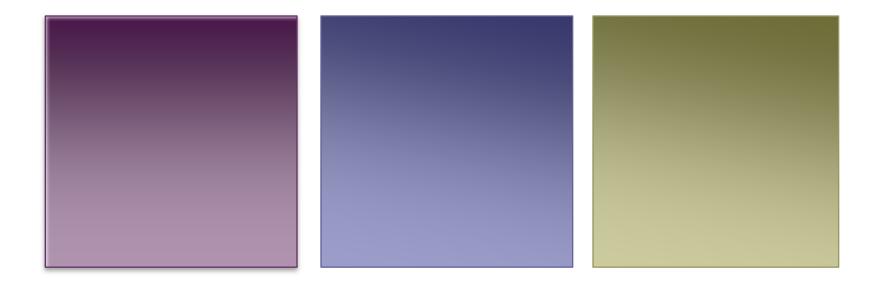
## Youth Sexual HEALTH PLAN

"The Oregon Youth Sexual Health Plan is a guide for planning programs, advocating for policy, procuring funds and educating stakeholders to support the sexual health of Oregon's youth. It emphasizes adults' responsibility to ensure availability of accurate information, skill-building opportunities and quality health services for all youth. It also recognizes youth must be centrally involved in defining their own needs and identifying programs and policies that support their health."

#### The 2009 Sex Education Law

- Each school district shall provide age-appropriate human sexuality education courses in all public elementary and secondary schools as an integral part of the health education curriculum
- Each school district shall provide instruction at least annually for all students grades 6-8 and at least twice during grades 9-12.
- Promote abstinence for school-age youth and mutually monogamous relationships with an uninfected partner for adults as the most effective way to prevent pregnancy and the transmissions of STDs. However, abstinence may not be taught to the exclusion of other material and instruction on contraceptive and disease reducing measures.
- Uses culturally and gender sensitive materials, language, and strategies that recognize different sexual orientations and gender roles.

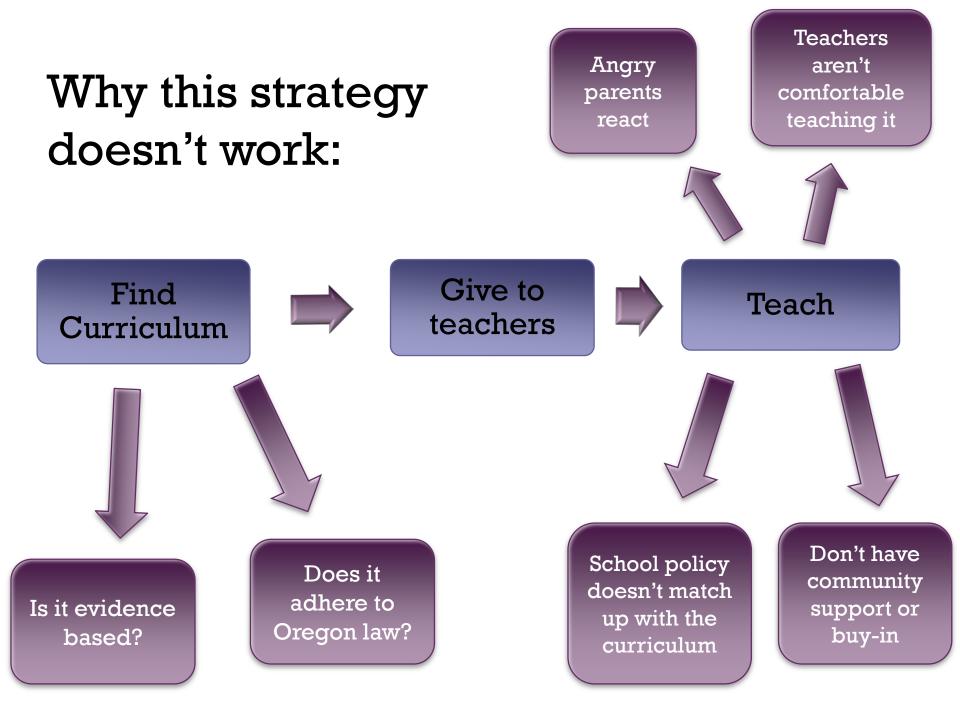
# So how do we implement this new progressive law?



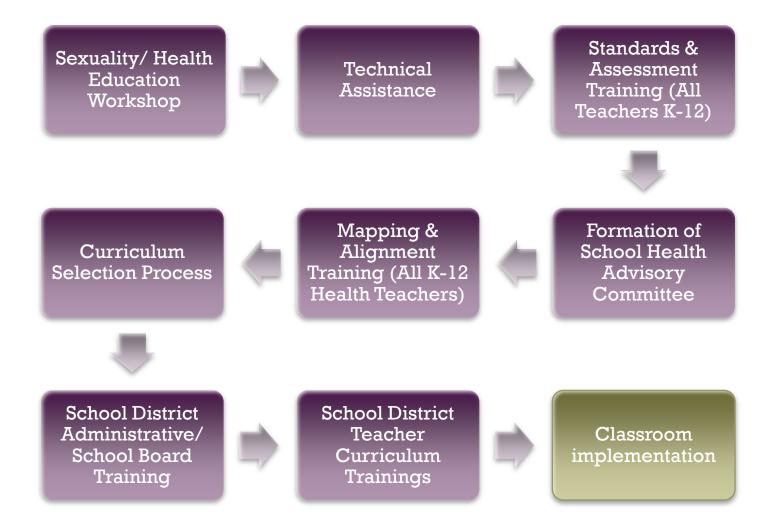


#### Strategy #1





#### Timeline for Implementing Comprehensive Sex Education



Adapted from Victor, B. "Outcome Based, Effective Human Sexuality/Health Education Implementation Timeline"

### + So what is WISE in Oregon doing...

- Oregon applied and was one of eight states awarded a grant opportunity called Working to Institutionalize Sex Education (WISE) from the Grove and Packard Foundation.
- WISE in Oregon gave money to eight school districts to help them move through the comprehensive sex education timeline. WISE in Oregon provides training and support to assist school districts in successfully implementing comprehensive sexuality education in accordance with the 2009 Oregon policy revisions.
- WISE in Oregon provides technical assistance, curriculum trainings, assistance in facilitating community forums, social networking trainings, LGBTQ-inclusivity trainings, SHAC trainings, assistance with curriculum selection, etc.

# Some barriers we have encountered...

- School districts have limited capacity in the difficult economic climate
- School districts often perceive their community as very conservative
- LGBTQ and culturally inclusive sex education is required, but it doesn't exist in most curricula
- Difficult to implement this model with elementary schools because all teachers teach health and it is not feasible to train every teacher

#### Any Questions?





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