Autism Treatment Network:
Progress toward Comprehensive Medical Care for Children and Adolescents with Autism

Presented by: Lisa Voltolina
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What is the ATN?
ATN Care Model

• Self-Management Support
  – Clinicians work with families to define child-specific treatment goals and develop whole-child care plans.

• Shared Decision-Making
  – Clinicians involve parents in decisions concerning their child’s treatment and ongoing care.
ATN Care Model

• Delivery System Design
  – Care delivery is designed to allow ongoing tracking of patient progress, regular follow-up, and clearly defined goals and health outcomes.

• Multidisciplinary Team
  – Teams embody a full range of expertise in autism healthcare.
Multidisciplinary Team

- ATN teams are comprised of:
  - Pediatricians
  - Child psychiatrists
  - Neurologists
  - Psychologists
  - Specialists
    - Gastrointestinal
    - Metabolic
    - Sleep disorders
ATN Care Model

- Coordination of Care
  - Teams provide streamlined, coordinated access to specialized therapies, behavioral interventions, community and educational interventions, and other related resources.
Coordination of Care

- ATN teams coordinate access to:
  - Speech therapy
  - Occupational therapy
  - Physical therapy
  - Nutritional counseling
ATN Care Model

• Decision Support
  – Clinicians assist families with decision making based on evidence-based practice guidelines and continually updated information on advances in autism treatments.
In Addition to Seeing Patients...

- Clinical and health-related research
- Outreach and family education
- Dissemination and training for professionals
Our aim:

To identify and characterize medical conditions that afflict people with autism, and use the data to research and improve the treatment, care, and quality of life for individuals with autism and their families.
Screenings & Assessments

- Screening
- Diagnostic
- Medical
- Cognitive
- Adaptive
- Psychiatric comorbidity
- Behavioral
- Psychosocial
- Communication
Clinical Research

- Biological materials
- Diet and nutrition
- Psychiatric comorbidity
- Sleep disturbance
- Neurological problems
- Metabolic disorders
- Bone mineral density
- Constipation/toilet training
- Iron deficiency
The ATN is dedicated to helping parents and professionals manage the wide range of health-related concerns that are commonly associated with autism.
Toolkits

- We produce and disseminate evidence-based, family-centered toolkits on a range of subjects:
  - Connecting with the right care
  - Behavior management
  - Medication Management
  - Day to Day Living
  - Healthcare Visits
  - Sleep Management
Thank You

Questions? Please contact:

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