

A CCO collaboration: Supporting a rural care coordination model in Polk County (an OHSU Interprofessional Care Access Network (ICAN) program)

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TOPIC/TARGET AUDIENCE: Health Care Providers, CCO members

ABSTRACT: Background/ Purpose: The program, one of six statewide, addresses social determinants of health through collaborative clinical practice and education. The goal is to enhance rural health care, improve health outcomes, reduce care costs and improve the patient and provider experience for underserved populations in Polk County. The program commenced in January 2017 and is funded by a Health Systems Innovation Grant from WVCH CCO. Methods: Through a dyad education model, students are supported by a “faculty-in-residence” to address social determinants of health. Collaborating agencies benefit from a responsive outreach “workforce” extension, where students promote care coordination, service integration, health navigation and education for clients with complex needs. Results / Outcomes: To date, the project has supported 25 clients to set priorities and plans focused on self-care and navigating the healthcare system. Data are being collated on key indicators of self-sufficiency and use of the medical home and primary care provider as well as change patterns noted in the use of emergency services. Potential Implications: The target is to develop a sustainable model, focused on care transition and coordination, to optimize health care and social stability for vulnerable clients. A secondary target is to maximize student exposure to public and community health as areas of nursing practice.

OBJECTIVE(S):

- Define the purpose of the health & social services collaborative project
- Describe the project approach to addressing social determinants of health
- Evaluate preliminary project metrics including a change in client healthcare self-sufficiency, appropriate access to and use of healthcare services, and reduction in the cost of health care provision as a result of these changes.

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