

## **Putting Total Worker Health to practice: Disseminating toolkits by the Oregon Healthy Workforce Center**

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**TOPIC/TARGET AUDIENCE:** Occupational Health, Psychology, Occupational Safety, Industrial Hygiene

**ABSTRACT:** Intervention research reaches its full potential when it has benefited the intended users. At the Oregon Healthy Workforce Center (OHWC)<sup>1</sup>, a NIOSH Center of Excellence<sup>2</sup>, we advocate a dual focus on designing and testing Total Worker Health (TWH) interventions and actively disseminating them. Having completed intervention studies from the Center's first five years, we are now ready to disseminate our resulting toolkits. Be Super! is for supervisors and employees in the construction industry, Safety & Health Improvement Program (SHIP) is for supervisors and work teams in any industry, Promoting U through Safety & Health (PUSH) is for young workers, and Communities of Practice and Safety Support (COMPASS) is for home healthcare workers. OHWC's mission for dissemination is to maximize our Total Worker Health impact among work populations, with the overall goal of reducing occupational injury and illness, enhancing organizational work practices, and improving employee well-being. Specifically, we aim to cultivate an active dissemination strategy that will leverage existing networks and innovate opportunities for science-practice dissemination. Our presentation will outline our plans for action and the steps we have taken toward them.

### **OBJECTIVE(S):**

- Define dissemination within the context of Total Worker Health. Develop plans for action to transfer Total Worker Health research to practice.
- Evaluate Total Worker Health dissemination by identifying indicators for success.

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