

## **What works? Exploring clinical effectiveness research in PubMed Health**

**AUTHOR:** Ann Glusker\*

**TOPIC/TARGET AUDIENCE:** Public health staff (epidemiologists, clinicians, researchers, community outreach workers, assessment staff, policy makers, and others) who need current information on evidence-based interventions shown to be effective for health concerns

**ABSTRACT:** It can be a daunting task to discover the latest trustworthy and open access information on clinical effectiveness, for a range of health concerns. Searching the internet, or databases, can be an opaque process, and often results in citations for articles that relate to incremental research, or are paid-access only. Enter PubMed Health, which is a free and reliable resource from the National Library of Medicine. PubMed Health is a valuable and user-friendly tool for identifying evidence-based content on clinically effective interventions. Using a curated set of content providers and convenient pre-defined links for refining results, PubMed Health makes it straightforward to find evidence-based and current information. Depending on the results selected, it can address audiences as diverse as savvy consumers investigating their own conditions, to researchers examining the latest conclusive findings in their fields. With recently improved options for locating systematic reviews and guidelines, as well as finding studies with methods focuses, it is more useful than ever. This presentation will offer an overview of PubMed Health, demonstrate some of its components, and offer suggestions for further exploration.

### **OBJECTIVE(S):**

- Describe the database PubMed Health and its focus on clinical effectiveness
- Formulate questions and use pre-defined selections to refine results as desired
- Identify evidence-based content on clinically effective interventions around specific health questions and concerns
- Name suggestions for those wishing to explore PubMed Health further

### **PRIMARY CONTACT INFORMATION:**

Ann Glusker, PhD

Research & Data Coordinator

National Network of Libraries of Medicine/University of Washington

2065435112 | glusker@uw.edu