# WHAT WORKS? Exploring Clinical Effectiveness Research in PubMed Health

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### About me and the NNLM:

- Graduate work at the Universities of Pennsylvania and Washington, in public health and demography (and later, librarianship!)
- 10 years as epidemiologist in assessment unit at Public Health-Seattle & King County
- 8 years as medical librarian at what's now Kaiser Permanente-Washington, at The Seattle Public Library, and now at the University of Washington in the NNLM
- NNLM= 8 regional offices, serve as outreach arms/branches of the National Library of Medicine

### Today's presentation

- What is PubMed Health?
- (And how is it different than PubMed?)
- Finding systematic reviews
- Filtering by methods
- Consumer health focus
- Search tips
- Further exploration

### What is PubMed Health?



### Overview of PubMed Health (PMH)

- Specializes in reviews of clinical effectiveness research
- Based on systematic reviews (SRs) of clinical trials
- Summaries and full texts of selected SRs in one place
- Includes a methods resources collection with best stats techniques for SRs and effectiveness research
- Has extensive links and resources for consumers; includes easy-to-read summaries such as plain language summaries from Cochrane

### How is it different than PubMed?

- It is in effect a subset of PubMed (some small exceptions)
- It includes content only from selected providers and partners that focus on clinical effectiveness
- It has a different search strategy as a result
- Its content is curated
- Some of its content starts in PMH and moves to PubMed
- It has amazing filters that PubMed does not
- It has links to content for consumers that PubMed does not
- It has an excellent glossary



### Sections to browse:

- •<u>Health A-Z</u> the PubMed Health glossary and more
- For Researchers
- What's New
- •What is Clinical Effectiveness Research?
- What is a Systematic Review?
- •<u>Finding Systematic Reviews</u> at PubMed Health and PubMed
- Understanding Research Results free books
- •Blog



A Generalised Linear Modelling Framework for Painwise and Network Meta-Analysis of



#### Systematic review methods filter at PubMed

When you search in PubMed Health, you are simultaneously running two searches in PubMed. Results searches are shown to the right of the PubMed Health results.

The first of those PubMed searches looks for systematic reviews, using the Clinical Queries filter. The under the "Systematic Reviews in PubMed" heading.

The second PubMed search uses a systematic review methods filter to find methods guidance and st results under the "Systematic Review Methods in PubMed" heading.

Find out more about what is included in the "Sysrev Methods" filter and how to use it.

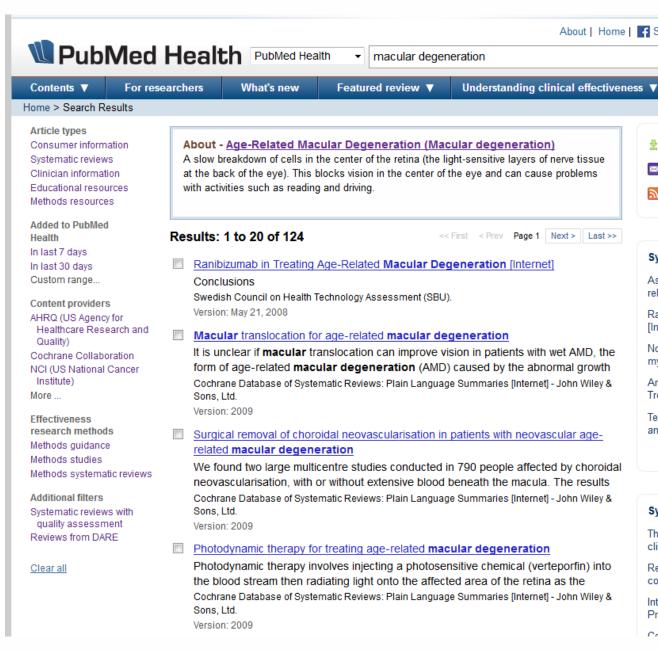
#### Resources on effectiveness research methods at PubMed Health

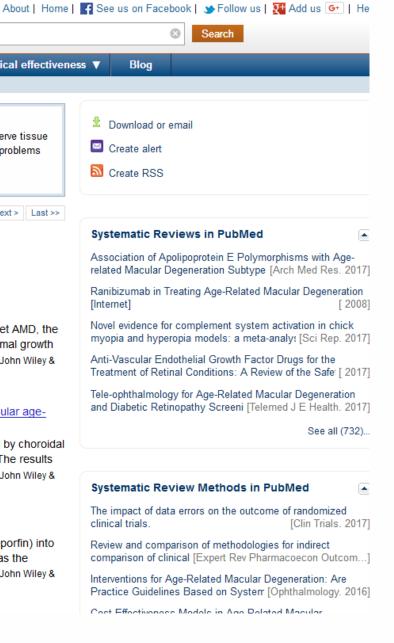
PubMed Health is also a home for our information partners' methods research guidance and studies.



## Finding SRs

NOTE: The results are sorted by relevance, not date! This result set does have a 2017 result and other recent ones









macular degeneration

Contents ▼

For researchers

clear

What's new

Featured review ▼

Understanding clinical effective

Home > Search Results

### Clear all

Article types

Consumer information Systematic reviews Clinician information Educational resources

✓ Methods resources

Added to PubMed Health

In last 7 days In last 30 days Custom range...

Content providers

AHRQ (US Agency for Healthcare Research and Quality)

Cochrane Collaboration NCI (US National Cancer Institute)

More ...

Effectiveness

### About - Age-Related Macular Degeneration (Macular degeneration)

A slow breakdown of cells in the center of the retina (the light-sensitive layers of nerve tissue at the back of the eye). This blocks vision in the center of the eye and can cause problems with activities such as reading and driving.

Results: 12

- Filters activated: Methods resources. Clear all
- Evaluation of Biomarkers and Surrogate Endpoints in Chronic Disease Many people naturally assume that the claims made for foods and nutritional supplements have the same degree of scientific grounding as those for medication, National Academies Press (US).

Version: 2010

- Show search results within this document
- To summarize publically available guidance for, and current use of, meta-analytic methods for mixed treatment comparison (MTC) evidence synthesis; to identify Methods Research Reports - Agency for Healthcare Research and Quality (US).

Use of Mixed Treatment Comparisons in Systematic Reviews [Internet]

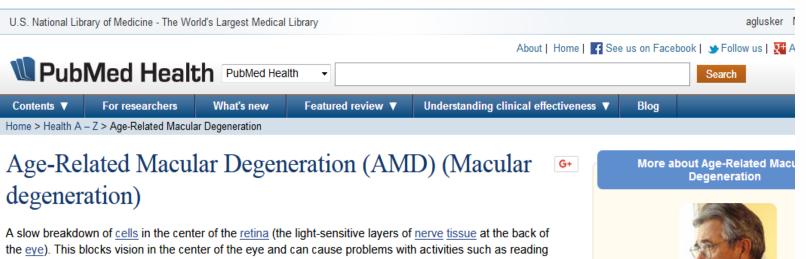


**Filtering** 

methods

resources

### Consumer Health **Focus**

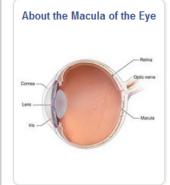


and driving.

PubMed Health Glossary (Source: NIH - National Cancer Institute)

Tests Treatments Prevention

Part of: Retinal Disorders, Eye Disorders (Eye Diseases)



### About Age-Related Macular Degeneration

AMD is a common eye condition and a leading cause of vision loss among people age 50 and older. It causes damage to the macula, a small spot near the center of the retina and the part of the eye needed for sharp, central vision, which lets us see objects that are straight ahead.

In some people, AMD advances so slowly that vision loss does not occur for a long time. In others, the disease progresses faster and may lead to a loss of vision in one or both eyes. As AMD progresses, a blurred area near the center of vision is a common symptom. Over time, the blurred area may grow larger or you may develop blank spots in your central vision. Objects also may not appear to be as bright as they used to be.

AMD by itself does not lead to complete blindness, with no ability to see. However, the loss of central vision in AMD can interfere with simple everyday activities, such as the ability to

see faces, drive, read, write, or do close work, such as cooking or fixing things around the house... Read more about Age-Related Macular Degeneration NIH - National Eye Institute



Also called: Macular degeneration, ARMD

Other terms to know. Central Vision, Drusen, Fovea

Related articles: How the Eye Works

Keep up with systematic reviews on Age-Re

Create e-mail alerts with My NCBI

Create RSS

### PubMed Health Blog...



New Research Meth



### Search tips

- Use the filters on the left
- Try to narrow your search terms ("diabetes" will give you 3500+ results—there are A LOT of SRs out there!)
- Check out the glossary for better terms to use, especially for methods
- If you have an SR from a PubMed search, enter it in PMH so you can get additional links in the record

### Improvements coming...

- More focus on educational resources
- Enhanced presence on social media (check out their FB and Twitter presence, and also the blog linked from the home page)
- New partnerships being added (CDC and WHO)
- Better functionality with NCBI accounts

### Further exploration

- Check out the "What's New" page!
- Familiarize yourself with the content providers
- Understand how to use the "Systematic Review Methods Filter" directly in PubMed:
  - Use this search string in <u>PubMed's search box</u>:
    - sysrev\_methods [sb]
  - You can combine it with other search terms, for example:
    - sysrev\_methods [sb] AND meta-analysis
- Use the link provided to set up PMH and PubMed alerts (and a MyNCBI account!)



### Questions? Contact me!

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### Pacific Northwest Region









#### New Health Literacy Toolkit from Libraries Transform

BECAUSE LIBRARIES ARE PARTNERS IN A HEALTHY COMMUNITY

NNLM and ALA have partnered through the Libraries Transform public awareness campaign to create a free toolkit for Health Literacy. The campaign is an initiative designed to increase public awareness of the value, impact, and services provided by libraries and library professionals.

Learn More!



#### Webinars

- PNR Rendezvous is a monthly webinar series focusing on a health science topic or resource for you to share and use in your work.
- PNR Partners is a series showcasing the work of our funding recipients. Through hearing the stories of the successes and challenges of these projects we hope listeners will be inspired to create their own projects and apply for PNR funding.
- NNLM Resource Picks is a new bimonthly webinar series offered by the National Network of Libraries of Medicine. Every two months,

#### The NNLM PNR Wants You!

IS YOUR ORGANIZATION A MEMBER?

Join libraries, community organizations and data organizations that provide quality health information and research. Membership is free, and benefits include access to a network of colleagues, specialized training and funding opportunities.

Join the Network Today!



### Where in the World are the PNR Coordinators?

COMING PNR EXHIBITS/PRESENTATIONS

- Montana Public Health Association/Montana Environmental Health Association Annual Conference and Meeting <sup>®</sup>
- African-American Diabetes Community Forum 
   Idaho Library Association Conference
- Montana Education Association and Montana Federation of Teachers Conference
- OHSU Library Data Science Institute



#### Regional Partners

#### **Idaho State University**

Best Practice in Decision-Making: Educational Training Program on Evidence-based Management for Health Administrators in the PNR

#### Pacific University

Knowledge is Health: Interprofessional Partnerships to Promote Health Literacy

#### University of Alaska Anchorage

Information Resources for Alaska's Healthcare Providers and Consumers: Outreach in the Last Frontier

#### Washington State University-Spokane

Health Professions Outreach in Eastern Washington

Directory of Member Organizations

Partnerships

#### Blogs, Lists, & Bulletins

- Dragonfly (PNR blog)
- Bringing Health Information to the Community
  (BHIC blog)
- HLIB-NW Discussion List
- MedLib-L Discussion List
- NLM Technical Bulletin