ADAPTING CHILDREN'S WRAPAROUND TO SUCCESSFULLY SERVE CHILDREN AND THEIR FAMILIES DURING THE PANDEMIC

DISTANCE APPROACHES FOR MENTAL HEALTH PRACTITIONERS



EXPECTATIONS OF SESSION

- INTRODUCTION TO WRAPAROUND
- THE PANDEMIC HITS HOW DO WE DO THIS?
- THE PANDEMIC KEEPS GOING HOW DO WE DO THIS SUCCESSFULLY?
- WE ARE RETURNING TO A MORE NORMAL WORK-LIFE DO WE
 NEED TO OR WANT TO GO BACK?

WRAPAROUND PLANNING PROCESS

WHAT IS IT

- A TEAM BASED PLANNING PROCESS DRIVEN BY FAMILY/ YOUTH VOICE
- A STRATEGY TO NAVIGATE THE CHILDREN'S "SYSTEM OF CARE"
- A VOLUNTARY PROCESS
- AN EVIDENCE-BASED PRACTICE
- PRINCIPLE-BASED



WRAPAROUND PRINCIPLES





THE PANDEMIC HITS

- THE POPULATION SERVED BY WRAPAROUND ARE SOME OF THE MOST IMPACTED AND THE LEAST PREPARED FOR THE PANDEMIC
 - QUALIFY FOR MEDICAID
 - MULTI-SYSTEM INVOLVED
 - OFTEN SYSTEM WEARY

SO BASICALLY – A PROGRAM DESIGNED FOR A LOT OF PEOPLE TO GET TOGETHER IN PERSON ON A MONTHLY BASIS, WITH A LOT OF IN PERSON CLIENT ENGAGEMENT BECAUSE WE ARE WORKING WITH PEOPLE WHO TYPICALLY DON'T TRUST SYSTEMS

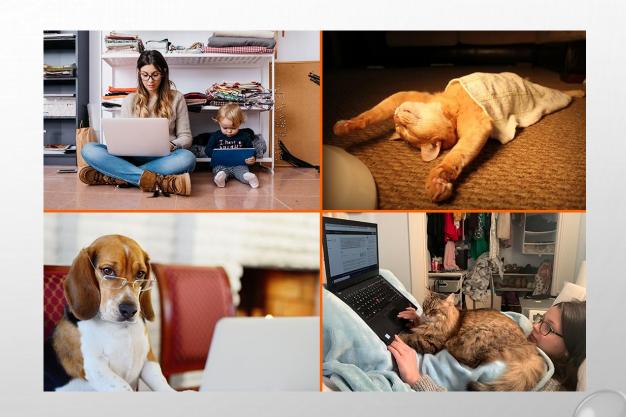


CLACKAMAS COUNTY (26) 84 Troutdale Parkdale Hillsboro Gresham Portland (35) (26) (212) Tigard Mt Hood 🗳 Sandy Tualatin Mt Hood Village Eagle Creek Mt. Hood National Forest 205 (211) (240) Estacada (224) Colton Woodburn Three Lynx (216) Ripplebrook Silverton (213) Keizer Salem (26) (22) (214) Sublimity Google Stayton (22) Map data @2019 Google Breitenbush



THE PANDEMIC HITS

- ONE DAY WE WERE TOLD, "DON'T COME BACK TO THE OFFICE. WORK FROM HOME."
- THAT WAS THE INSTRUCTION THAT STAFF
 HAD ON HOW TO MAKE IT WORK





TOOLS FOR VIRTUAL WORKPLACE

- EACH STAFF MEMBER ALREADY HAD:
 - CELL PHONE
 - LAP TOP
 - ACCESS TO SHARED DRIVE THROUGH VPN
 - VERY LIMITED ACCESS TO EHR

WORKING FROM HOME: WHAT DID WE DO?

- IMMEDIATELY THE GOAL BECAME CRISIS STABILIZATION
 - CHECK IN WITH EACH OF YOUR FAMILIES
 - DO THEY HAVE WHAT THEY NEED
 - RESOURCE IDENTIFICATION
 - WHO HAS WHAT?
 - WHO NEEDS WHAT?
 - HOW TO WE GET WHAT THEY NEED TO THEM?
- DEMONSTRATE COMPETENCY KEY TO VIRTUAL ENGAGEMENT



VIRTUAL TEAM MEETINGS



- WRAPAROUND IS A FIDELITY MODEL, AND TEAM MEETINGS ARE A PART OF IT
- PIVOTED TO THE "FREE" VERSION OF ZOOM IMMEDIATELY
- TEAM MEETINGS ARE 45 MINUTES OR MULTIPLE ZOOM LINKS SENT
- STRONG ADVOCACY FOR A VIRTUAL
 PLATFORM THAT IS ALSO HIPAA COMPLIANT



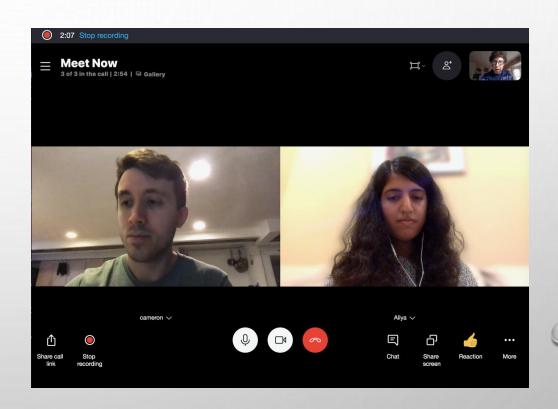
VIRTUAL TEAM MEETINGS

- EARLY IN THE PANDEMIC WE DISCOVERED THAT THERE WERE SOME POSITIVES WITH A VIRTUAL PLATFORM
 - NO TRAVEL TIME
 - BUSY PEOPLE HAVING MORE AVAILABILITY (LEGAL REPS, DOCTORS, ETC)
 - TEAMS WERE ABLE TO COME TOGETHER MORE FREQUENTLY IF NEEDED



VIRTUAL ENGAGEMENT

- ADMITTING NEW FAMILIES INTO THE PROGRAM MEANT MEETING PEOPLE IN A VIRTUAL WORLD
- IT WAS MORE CHALLENGING FOR CARE COORDINATORS TO LET GO OF "WHAT WAS" THAN FOR FAMILIES TO ADAPT TO "WHAT IS"
- FAMILIES HAD TO HAVE ACCESS TO TECHNOLOGY
 THAT WOULD ALLOW FOR THEM TO PARTICIPATE
 VIRTUALLY, AND BE WILLING TO ENGAGE THIS WAY
- IT REALLY WASN'T THE RIGHT FIT FOR ALL FAMILIES





VIRTUAL ENGAGEMENT

- VIRTUAL ENGAGEMENT REQUIRED A HIGHER DEGREE OF FACILITATION FROM STAFF
- MUCH OF THE INNATE INTIMACY OF GOING INTO FAMILY HOMES WAS LOST.
- STAFF STATED THAT IT TOOK LONGER TO DEVELOP A TRUST RELATIONSHIP WITH THE FAMILIES SERVED
- THE TIMELINES SPELLED OUT IN THE MODEL HAD TO BE ADJUSTED FOR MOST FAMILIES



"WRAPAROUND CAN ONLY MOVE AS FAST AS THE SPEED OF TRUST"

SYSTEM OF CARE INSTITUTE – PORTLAND STATE UNIVERSITY

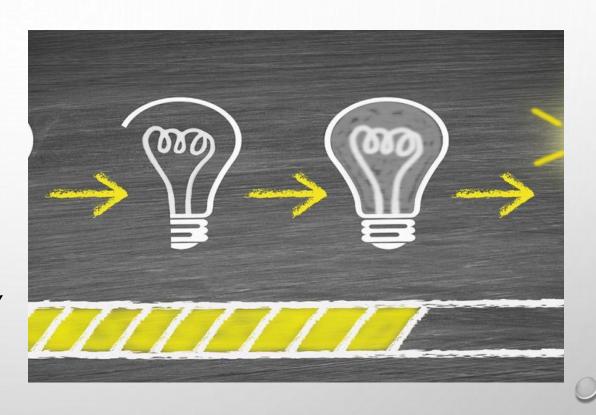
IN ORDER TO GAIN TRUST WE NEEDED TO SLOW DOWN

- DOING THINGS VIRTUALLY MEANT SLOWING DOWN
- STABILIZE CRISIS (IF POSSIBLE)
- PROVIDE RESOURCES
- FIND THE SMALL WINS
- ESTABLISH TRUST
- ALLOW FOR THE FAMILIES TO DETERMINE HOW TO PROCEED



LESSONS LEARNED

- DON'T OVERSCHEDULE YOURSELF
- GIVE YOURSELF GRACE
- FOR PROGRAMS WITH FLEXIBILITY, BE FLEXIBLE
- VIRTUAL TEAM MEETINGS ARE HERE TO STAY





OPPORTUNITIES!



- WEB BASED EHR
- PERMANENT HYBRID STAFFING MODEL
- HYBRID MEETING FACILITATION TRAINING
- SAFE IN PERSON GUIDELINES
- STRONG WEB BASED PLATFORMS FOR MOBILE PHONES



THANK YOU!!!!!!

• QUESTIONS?

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