

**TITLE:** Addressing Oregon’s opioid and methamphetamine epidemics through a real-world prevention trial: PRE-FAIR

**AUTHOR(S):** Ryan R. Singh, Jeffrey M. Peterson, and Lisa Saldana

**PRESENTER(S):** Ryan R. Singh

**STUDENT SUBMISSION:** No

**TOPIC/TARGET AUDIENCE:** Oregon Department of Human Services workforce (Child Welfare and Self-Sufficiency Programs), community based organizations, substance use and mental health outpatient clinics

**ABSTRACT:** Oregon ranks first in the U.S. for opioid misuse and methamphetamine use. The number of parents entering the child welfare system (CWS) for substance abuse is increasing. Thus, families are particularly vulnerable. A Hybrid Type 2 effectiveness-implementation trial of “PRE-FAIR: a prevention intervention for parents” is underway in three Oregon districts. PRE-FAIR is an adaptation of FAIR, an evidence-based treatment model which has demonstrated positive outcomes related to parental substance use, mental health, parenting, and ancillary needs. To address the full range of community needs, study sites implemented PRE-FAIR and FAIR. Initially, recruitment of study-eligible parents was challenging. Treatment referrals heavily outweighed prevention referrals, demonstrating strain on the CWS as the need for treatment was prioritized. The implementation strategies (e.g., consistent partnership engagement, early focus on sustainment) that are employed to support study sites, address the needs of the communities, and ensure study rigor will be discussed. A focus on implementing FAIR treatment ultimately alleviated strain on the CWS, thereby providing upstream opportunities for prevention. This has resulted in an increase in study-eligible referrals. This work identifies real-world solutions for prevention and treatment to meet the needs of communities in the context of the worst statewide opioid and methamphetamine epidemics.

**OBJECTIVE(S):** Describe how a substance use prevention effectiveness-implementation trial offers practical solutions for addressing the full range of needs of parents and systems in rural communities. Identify implementation strategies that support program delivery sites and build strong community partnerships.

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