

TITLE: From the 2019 National Survey on Health and Disability: Unmet Healthcare Needs for Gender Diverse Adults with Disabilities

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STUDENT SUBMISSION: No

TOPIC/TARGET AUDIENCE: Researchers, providers, administrators, policy makers

ABSTRACT: Statement of the problem: Disabled adults and gender diverse people in the United States face multiple compounding and marginalizing forces that result in unmet healthcare needs. Study aim: Investigate the prevalence of unmet healthcare needs in transgender adults living with disabilities. Methods: Data used were from the National Survey on Health and Disability (October 2019-January 2020, n= 2,175 adults). We examined unmet healthcare need in gender diverse adults living with disabilities who had health insurance (n=57) . Conclusions: Among participants with health insurance, the rates of reported unmet needs were higher among gender diverse participants compared to cisgender participants on every type of unmet need (see a doctor, get prescription medication, see a specialist, dental services, preventative services). Likewise, the odds (2.7<OR<4.12) of disabled gender diverse participants reporting an unmet need are higher for every unmet need except preventative services. Implications: Gender diverse adults with disabilities may be at risk of compounding marginalization, discrimination, and exclusion. Fear of discrimination and stigma are often reasons to delay healthcare and face unmet needs, and this delay can lead to worse health outcomes

OBJECTIVE(S): Define and describe unmet need. Discuss the prevalence of unmet need in the population of disabled gender diverse adults.
