

TITLE: Upstream Prevention & the Social Determinants of Health: The Future of Oregon's Quadruple Aim

AUTHOR(S): Debby Jones

PRESENTER(S): Debby Jones, DeAnna Pearl, Maria Pena

STUDENT SUBMISSION: No

TOPIC/TARGET AUDIENCE: Prevention Specialists

Program Developers

Policy Makers

Home Visitors

Maternal Child Health Adolescent Health

ABSTRACT: Oregon's vision of the Triple Aim is: Lower Costs, Better Experiences and Better Outcomes. What if these targeted aims were processed through the upstream prevention strategy of social emotional learning and linked to key social determinants of health? Could we lower costs by investing our time, money and efforts into upstream prevention that decreases the number of chronic disease conditions before they occur? Could we achieve better experiences by understanding and implementing cost saving and impactful strategies that identify key social determinants of health such as stress and early life experiences that make our bodies prone to chronic health conditions such as addiction, diabetes and hypertension? Could we attain better outcomes by integrating our efforts not only between physical, behavioral and environmental health but also through the integration of strategies that impact infants, teens and adults inclusively? Could we become more aware of the biology of our feeling brain and how social emotional learning helps us achieve not only lower costs, better experiences and better outcomes, but also increased purpose and meaning for the health care work force? Learn how three organizations, all with a link to public health, are championing this new and improved vision of Oregon's Quadruple Aim.

OBJECTIVE(S): Define the "quadruple aim" and its significance. Define key upstream prevention strategies and their potential impact on public health. Define key social determinants of health that impact cost, experience and outcomes in regards to overall health. Demonstrate how our brain biology holds the key to better health outcomes. Demonstrate how the upstream prevention strategy of increasing social emotional literacy assists in achieving the best health outcomes.