Adapting a youth sexual health education pilot project for youth with intellectual and developmental disabilities during a global pandemic

Oregon Health Authority, Public Health Division, Adolescent and School Health Program (OHA, PHD, ASH)

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Learning Objectives

By the end of this presentation participants will be able to describe the youth sexual health project as a statewide approach for young people with intellectual and developmental disabilities, identify key areas where partnerships are vital to statewide projects and compare different ways to stay flexible and problem solve during unexpected global pandemics.

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Sexual health education and young people with intellectual and developmental disabilities (IDD)

photo credit: www.fdprogram.org
Project, Partners & Curriculum

University Center for Excellence in Developmental Disabilities

UAA Center for Human Development
UNIVERSITY OF ALASKA ANCHORAGE

Oregon Transition Networks
Programs and Teachers

Sexual Health Equity for Individuals with Intellectual and Developmental Disabilities (SHEIDD)
Growing connection, coordination and support
March 2020

Project Planning

Global Pandemic

Project Plans

Photo credit: Romain Paget @romainpaget.me
Teacher & Facilitator Training

Photo credit: Chris Montgomery @chrismontgomery.ca
Classrooms and Students

PROGRAM IMPLEMENTATION

"The great unknown" school year 2020/2021

IN PERSON
classrooms

Hybrid

VIRTUAL
classrooms
Adaptation & Project Planning

Photo credit: unsplash
Strategic Program Planning

**Partnerships**
- Skills.
- Ideas.
- Resources.
- Partners.
- Collective.

**Adaptation Mindset**
- let go.
- end user.
- framing.
- possibilities.
- work backwards.
- communicate.
Partners and Resources

- Oregon Health Authority, Public Health Division, Adolescent and School Health Program (OHA, PHD, ASH)
  - [https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/Pages/index.aspx](https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/Pages/index.aspx)

- Oregon Health Sciences University, University Center for Excellence in Developmental Disabilities (OHSU, UCEDD)
  - [https://www.ohsu.edu/university-center-excellence-development-disability](https://www.ohsu.edu/university-center-excellence-development-disability)

- Multnomah County, Sexual Health Equity for Individuals with Intellectual/Developmental Disabilities (SHEIDD)
  - [https://multco.us/school/sexual-health-youth-developmental-disabilities](https://multco.us/school/sexual-health-youth-developmental-disabilities)

- Sexual Health Resources
  - [https://www.ohsu.edu/university-center-excellence-development-disability/sexual-health-resources](https://www.ohsu.edu/university-center-excellence-development-disability/sexual-health-resources)
Partners and Resources

- University of Alaska Anchorage (UAA), Center for Human Development, Friendships and Dating Program

- Oregon Department of Education (ODE)
  - The Oregon Department of Education’s Office of Teaching, Learning, and Assessment (OTLA) and the Office of Enhancing Student Opportunities (OESO)

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