

TITLE: Contingency Management for Methamphetamine Use Disorder: Policy and Implementation Considerations

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STUDENT SUBMISSION: Yes

TOPIC/TARGET AUDIENCE: Policy makers, program developers, researchers

ABSTRACT: Methamphetamine is a highly addictive stimulant associated with myriad health and societal harms, and its use has increased sharply over the last two decades. There are currently few effective treatments for methamphetamine use disorder (MUD). Contingency management (CM) is an evidence-based behavioral therapy that uses positive reinforcement to support drug abstinence. CM is highly effective for treating MUD but lacks broad adoption. There are many barriers to implementing CM, most notably the lack of a legal reimbursement pathway in federally funded health programs. Using the RE-AIM framework and the Consolidated Framework for Implementation Research, this research seeks to identify the vital elements, necessary stakeholders, and viable policy levers to implement CM in Medicaid.

OBJECTIVE(S): Describe the prevalence of methamphetamine use, including the associated health and societal harms. Explain the effectiveness of contingency management for treating methamphetamine use disorder and barriers to adopting this therapy. Describe the vital elements, necessary stakeholders, and viable policy levers to effectively implement CM in Medicaid, based on theories and frameworks from Implementation Science.
