

**June 17-20, 2019**

8:00 am—5:00 pm  
each day

# SAPST in Bend

## \* Substance Abuse Prevention Skills Training

The Substance Abuse Prevention Skills Training (SAPST) is a foundational course of study in substance abuse prevention. This four-day, in-person training prepares participants to move from prevention science and theory to practice using the Strategic Prevention Framework.

### The SAPST prepares participants to:

- Address substance abuse prevention in the context of behavioral health
- Improve practice by developing a comprehensive approach to prevention guided by SAMHSA's Strategic Prevention Framework
- Reduce behavioral health disparities by identifying the needs of vulnerable populations and improving cultural competency
- Sustain prevention by collaborating effectively across sectors to address shared risk factors and improve the health and well-being of communities in a cohesive way

The IC&RC Prevention Committee has endorsed the new SAPST as an IC&RC approved curriculum. The SAPST has also been approved by the Mental Health and Addiction Certification Board of Oregon (MHACBO) for Prevention Specialist certification (CPS). Participants completing the SAPST will receive a certificate for 25 hours of participation which satisfies CPP/CPS initial and CPP/CPS/CASAC renewal requirements.

**Many thanks to the Oregon Public Health Association's (OPHA)  
Addiction Prevention Section for hosting this training, registration, and payment process.**

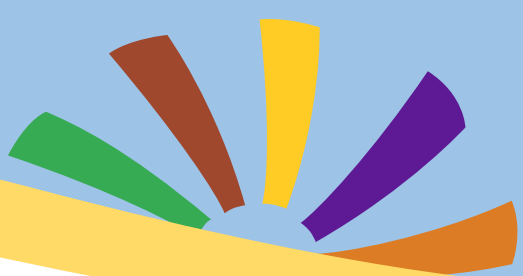
[REGISTRATION LINK](#)

### Training Location:

The Environmental Center  
16 NW Kansas Ave  
Bend, OR 97701

**Registration Cost:**  
**OPHA Members: \$200**  
**Non-Members: \$225**

For more information, contact Julie Spackman:  
julie.spackman@deschutes.org or 541-388-6619



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## Lodging Options within Walking Distance

- McMenamins: Old St. Francis School— 700 N.W. Bond Street, Bend, OR 97703
- Double Tree by Hilton—300 Northwest Franklin Avenue, Bend, OR 97701
- Springhill Inn & Suites—551 SW Industrial Way, Bend, OR 97702
- Mill Inn Bed and Breakfast—642 NW Colorado Ave, Bend, OR 97701

## Oregon Public Health Association (OPHA) Addiction Prevention Section

Prevention specialists across Oregon created an Addiction Prevention Section within the OPHA in 2017 as a way to organize, mobilize, and meet the needs of prevention specialists in Oregon outside of the structure of the Oregon Health Authority. If you choose to join the OPHA, you can designate the Addiction Prevention Section as an interest group, thereby contributing a small portion of your OPHA membership dues to this Section and ensuring that you receive regular communications from the Addiction Prevention Section. Addiction Prevention Section members are making a grassroots impact through creating learning opportunities, networking events, and legislative policy recommendations. **We invite you to join us and be a part of enhancing the addiction prevention field in Oregon!**

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# SAPST Agenda

## **SESSION 1**

### **AN INTRODUCTION TO THE SAPST**

- Training Overview and Logistics

### **SETTING THE FOUNDATION: FROM THEORY TO PRACTICE**

- Behavioral Health
- Continuum of Care
- Public Health Approach
- Risk and Protective Factors
- Developmental Perspective
- Introduction to the Strategic Prevention Framework

## **SESSION 2**

### **STRATEGIC PREVENTION FRAMEWORK**

- Step 1: Assessment
- Step 2: Capacity

## **SESSION 3**

### **STRATEGIC PREVENTION FRAMEWORK**

- Step 2: Capacity (cont.)
- Cultural Competence
- Step 3: Planning

## **SESSION 4**

### **STRATEGIC PREVENTION FRAMEWORK**

- Sustainability
- Step 4: Implementation
- Step 5: Evaluation

### **BRINGING IT ALL TOGETHER**

