



# SAPST in Oregon

## \* Substance Abuse Prevention Skills Training

The Substance Abuse Prevention Skills Training (SAPST) is a foundational course of study in substance abuse prevention. This four-day, in-person training prepares participants to move from prevention science and theory to practice using the Strategic Prevention Framework.

### The SAPST prepares participants to:

- Address substance abuse prevention in the context of behavioral health
- Improve practice by developing a comprehensive approach to prevention guided by SAMHSA's Strategic Prevention Framework
- Reduce behavioral health disparities by identifying the needs of vulnerable populations and improving cultural competency
- Sustain prevention by collaborating effectively across sectors to address shared risk factors and improve the health and well-being of communities in a cohesive way

The IC&RC Prevention Committee has endorsed the new SAPST as an IC&RC approved curriculum. The SAPST has also been approved by the Mental Health and Addiction Certification Board of Oregon (MHACBO) for Prevention Specialist certification (CPS). Participants completing the SAPST will receive a certificate for 25 hours of participation which satisfies CPP/CPS initial and CPP/CPS/CASAC renewal requirements.

**Many thanks to the Oregon Public Health Association's (OPHA)  
Addiction Prevention Section for hosting this training, registration, and payment process.**

### TRAINING LOCATIONS AND DATES

Bend, OR	6/17 –6/20/19 (confirmed)
Multnomah County	October 2019
Grants Pass, OR	Winter 2019/20
Eastern Oregon	Spring 2020

**Registration Cost:**  
**OPHA Members: \$200**  
**Non-Members: \$225**

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# SAPST Agenda

## **SESSION 1**

### **AN INTRODUCTION TO THE SAPST**

- Training Overview and Logistics

### **SETTING THE FOUNDATION: FROM THEORY TO PRACTICE**

- Behavioral Health
- Continuum of Care
- Public Health Approach
- Risk and Protective Factors
- Developmental Perspective
- Introduction to the Strategic Prevention Framework

## **SESSION 2**

### **STRATEGIC PREVENTION FRAMEWORK**

- Step 1: Assessment
- Step 2: Capacity

## **SESSION 3**

### **STRATEGIC PREVENTION FRAMEWORK**

- Step 2: Capacity (cont.)
- Cultural Competence
- Step 3: Planning

## **SESSION 4**

### **STRATEGIC PREVENTION FRAMEWORK**

- Sustainability
- Step 4: Implementation
- Step 5: Evaluation

### **BRINGING IT ALL TOGETHER**

