

Universal Health Care and Its Impact on Racism as a Public Health Crisis

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<https://www.right2healthus.org/>

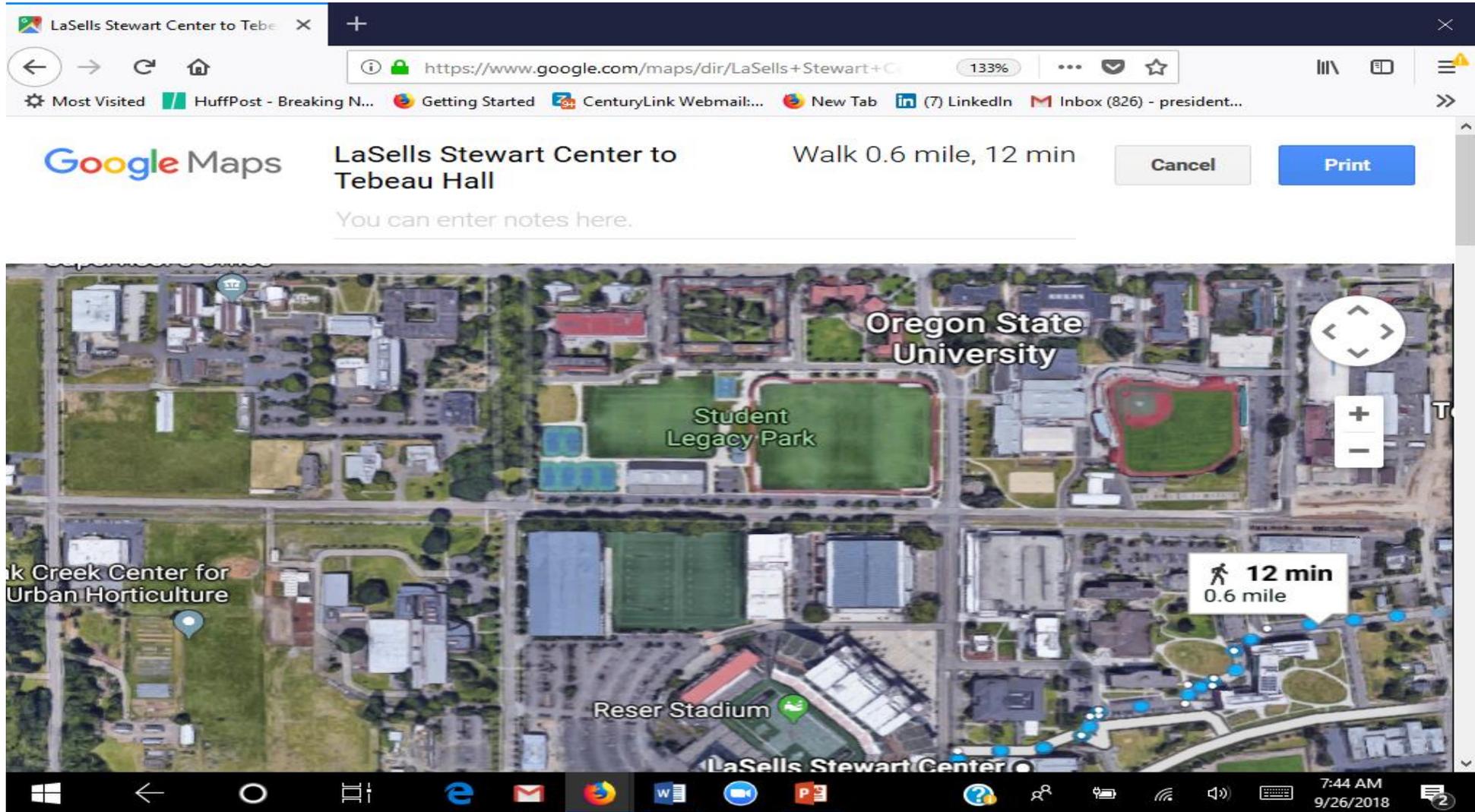


<https://www.hcao.org/>

A Story of Racism

<https://www.opb.org/television/programs/local-color/>





MAP OF WALK TO TEAUBEAU HALL

All Oregon State students eligible to live in Tebeau Hall



ABOUT THE
BUILDING



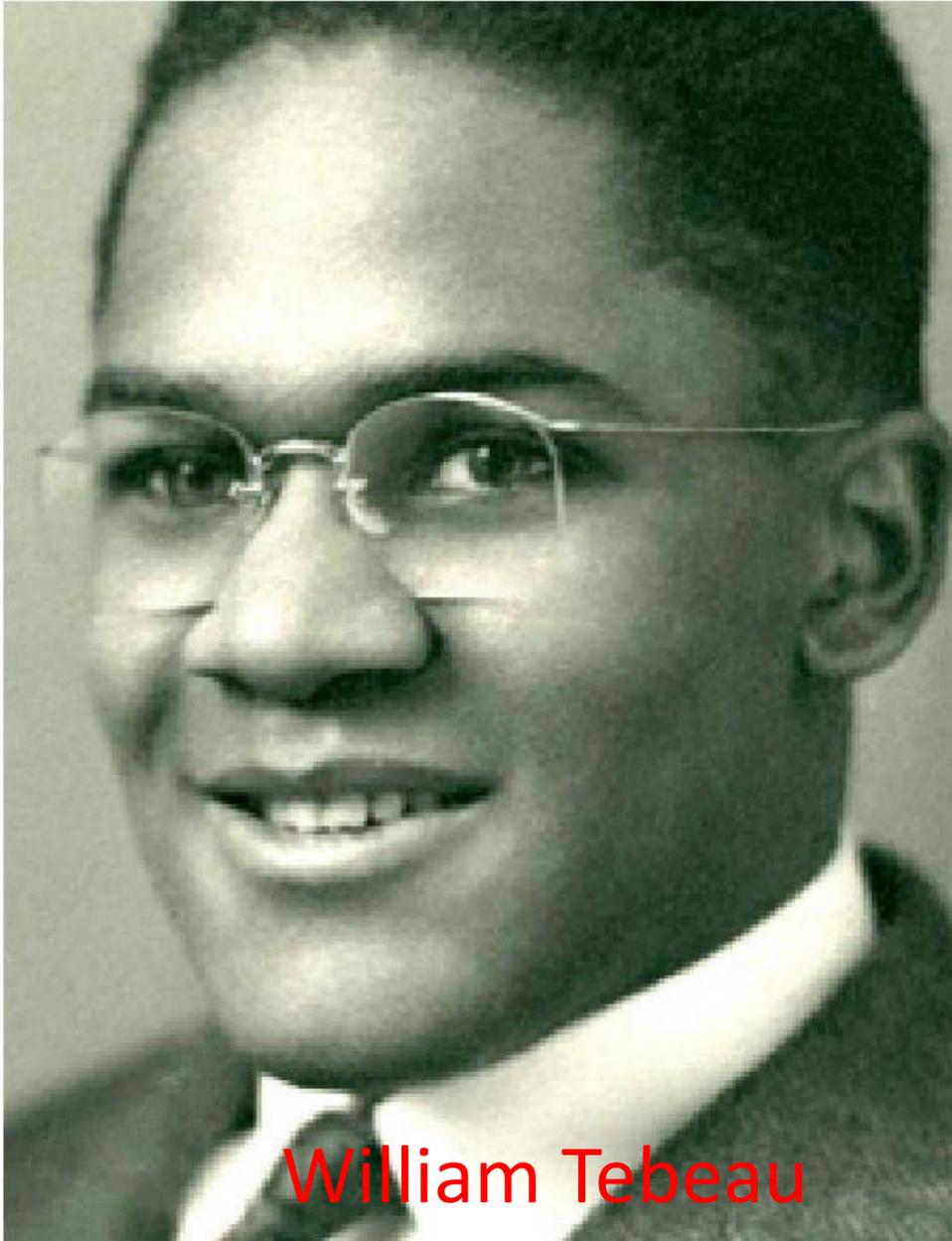
ABOUT THE
ROOMS



ABOUT THE
COMMUNITY



- › **Rates for Tebeau Hall**
- › **Eligibility:** All Oregon State students are eligible to live in Tebeau Hall
- › **Room Types:**
 - › 93 percent suite-style double rooms
 - › 7 percent suite-style single rooms



William Tebeau

Tebeau encountered difficulties his first day on campus when he was refused a dorm room due to....

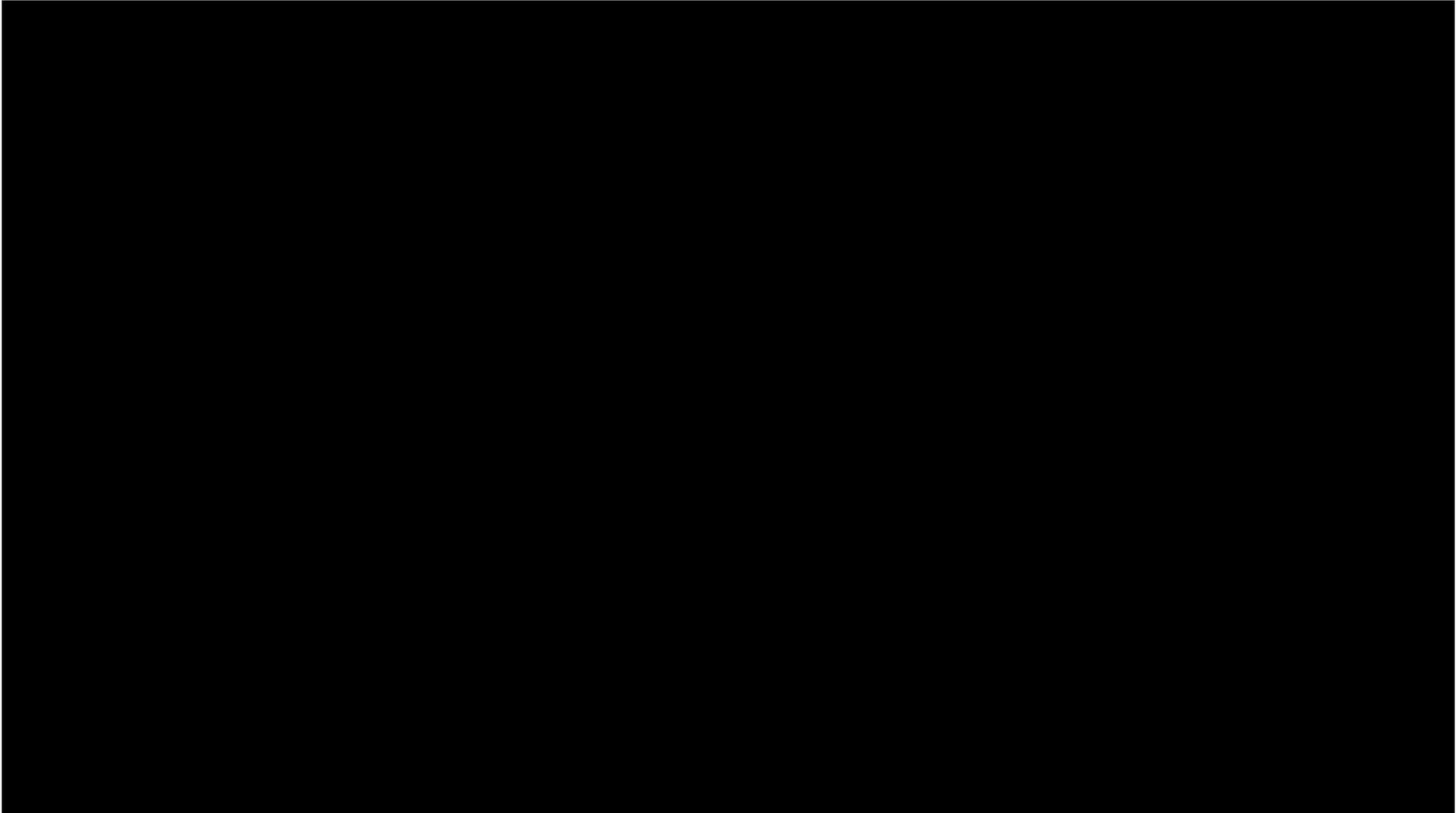
<http://photohistory.oregonstate.edu/works/untold-stories-guide/william-tebeau-osus-first-male-african-american-graduate>

Barriers and This Presentation—15 minutes

- Leslie Gregory:
 - Daughter of 1st Black graduate nursing school at St. Vincent's Mercy Medical Center
 - Daughter of founder of Ohio's 1st Black Firefighters United firefighter's union.
 - 1st Black PA to graduate from University of Toledo Medical Sciences (Medical College of Ohio).
- Institutions are not really concerned about your time or money.

Leslie Gregory Video

Racism as Public Health Crisis



Racism Meets the Four Criteria

- It's a burden (in cost, lives, resources of all kinds).--**The Prison Pipeline & Delayed care.**
- The burden is disproportionately borne by a segment of the population.--**African Americans.**
- There is evidence that upstream change will impact it (institutionality).--**Medicaid more available.**
- Current measures are insufficient/problem continues in spite of measures.--**Rates of Diabetes, Hypertension, Maternal Mortality, etc. in African Americans.**

CDC Mission

- “CDC increases the health security of our nation. As the nation’s health protection agency, CDC saves lives and protects people from health threats. To accomplish our mission, CDC conducts critical science and provides health information that **protects our nation against expensive and dangerous health threats, and responds when these arise.**”

<https://www.cdc.gov/about/organization/mission.htm>

CDC's 7 Public Health Threats in Focus for 2017

- 1. Protecting Pregnancies by Responding to Zika.**
- 2. Protecting Americans by Combatting Antibiotic Resistance.**
- 3. Cancer—Cancer Rates Among African-Americans.**
- 4. Prescription drug overdose.**
- 5. Global health security.**
- 6. Tobacco use.**
- 7. Rapid Response to Outbreaks.**

- 1. Toxic Stress**
- 2 Poverty/Access.**
- 3. Cancer Rates Among African-Americans.**
- 4. Rising Death Rates in Black Communities**
- 5. Personal Safety, Police Issues, Walking while Black.**
- 6. Smoking related deaths among African Americans.**
- 7. Racism breaking out for 400 years.**

<https://www.cdc.gov/media/releases/2016/p1214-2016-EOY-dpk.html>

<https://www.urmc.rochester.edu/MediaLibraries/URMCMedia/finger-lakes-regional-perinatal/documents/Toxic-Stress-27June2017-Final.pdf>

Toxic Stress and a Story

This abnormal stress response consists of a derangement of the neuro-endocrine-immune response resulting in prolonged cortisol activation and a persistent inflammatory state, with failure of the body to normalize these changes after the stressor is removed....

These adverse health effects include maladaptive coping skills, poor stress management, unhealthy lifestyles, mental illness and physical disease.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4928741/>

<https://www.americanprogress.org/issues/women/reports/2017/11/17/443028/unequal-toll-toxic-stress/>

Maternal Mortality

African American women are three to four times more likely to die from childbirth than non-Hispanic white women, and socioeconomic status, education, and other factors do not protect against this disparity.



Antibiotic Resistance

“Within the United States, poverty-driven practices such as medication-sharing, use of “leftover” antibiotics, and the purchase and use of foreign-made drugs of questionable quality are likely contributing to antimicrobial resistance. However, there is currently a dearth of studies in the United States analyzing the socioeconomic and behavioral factors behind antimicrobial resistance in United States communities.”

<http://www.jabfm.org/content/20/6/533.full>

Cancer

- “African Americans have the highest death rate and shortest survival of any racial and ethnic group in the US for most cancers.”
- “the racial disparity has widened for breast cancer in women and remained constant for colorectal cancer in men, likely due to inequalities in access to care, including screening and treatment.”

<https://www.cancer.org/research/cancer-facts-statistics/cancer-facts-figures-for-african-americans.html>

[*Cancer Facts & Figures For African Americans 2016-2018 \(PDF\)*](#)

<https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/cancer-facts-and-figures-for-african-americans/cancer-facts-and-figures-for-african-americans-2016-2018.pdf>

Opioid Crisis

- “The fastest rising rate of opioid deaths is in African-American communities where the response to addiction has largely been punitive.”

<https://psychnews.psychiatryonline.org/doi/10.1176/appi.pn.2018.5a14>

- Heroin rates are currently increasing at 31% (95% confidence interval [CI] = 27, 35) per year for whites and 34% (95% CI = 30, 40) for blacks. Concurrently, respective synthetic opioids are increasing at 79% (95% CI = 50, 112) and 107% (95% CI = -15, 404) annually.

https://journals.lww.com/epidem/Fulltext/2018/09000/Trends_in_Black_and_White_Opioid_Mortality_in_the.16.aspx

Security

- Number of deaths due to firearms per 100,000 in 2016
 - White—11.9
 - Black—21.6

<https://www.kff.org/other/state-indicator/firearms-death-rate-by-raceethnicity/?currentTimeframe=0&sortModel=%7B%22colId%22:%22Location%22,%22sort%22:%22asc%22%7D>

Smoking

- One study found “that smoking has contributed to the black-white gap in life expectancy at age 50 for males, accounting for 20 % to 48 % of the gap between 1980 and 2005.”
- Although rates of smoking among adult whites and adult blacks are the same, does that mean same prevention approaches?
- Not likely, since historically African Americans have lower smoking rates as teens.

<https://www.lung.org/stop-smoking/smoking-facts/tobacco-use-racial-and-ethnic.html>

<https://www.cdc.gov/tobacco/campaign/tips/resources/data/cigarette-smoking-in-united-states.html>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3606656/>

Racism Outbreak--400+Years

Slaves for Sale



**SLAVES
TO SELL!**

ON SATURDAY, 15TH OF SEPT'R NEXT,
I will sell at the Court House door, in the town of Jackson, Cape Girardeau county, Mo., on a credit of twelve months, with interest from date, all the Slaves belonging to the estate of John Randol, deceased. Said Slaves consist of

**A NEGRO MAN,
Negro Woman & Child,
AND TWO FEMALE CHILDREN.**

Bond with approved security, will be required for the purchase money.
SAMUEL H. RANDOL,
Administrator of John Randol, deceased.
Cape Girardeau, August 23d, 1855.

DAWSON & HERR, Printers, Eagle Office.

August, 1855

Charles Kinsey, therapist with arms up shot by police



<https://www.nbcnews.com/news/us-news/florida-cop-charged-manslaughter-shooting-autistic-man-s-unarmed-therapist-n745716>

Protocols to Start to Address Upon Declaration

- Containment,
- Screening,
- Prevention,
- Categorization,
- Map the distribution,
- Identifying high risk areas, etc.

Potential Obstacles to Declaration

- MPHs are often statisticians, so may never have sat in front of a suffering patient. Does this disconnect them from the population?
- Current Exec Office/President has put across a soft decree banning 7 words that relate to this issue.
 - (vulnerable, diversity, entitlement, transgender, fetus, evidence-based, science-based)
- CDC allowance to study gun violence but no funding.

Potential Obstacles to Declaration

- HIPPA— Prevents Community Engagement; African American know community. —Tribal approach
- It's all about billing as the measure—coding coding coding
- EMR represents a move away from an Afro-Centric Health Care Model
- Inability of majority culture to “tolerate” the truth – ie, white fragility
- More??

Paths to Changing the Care Model

- **EMR represents a move away from an Afro-Centric Health Care Model**
- Building connection
- Eye contact
- Touch
- Mutual respect and rapport/trust

Key Steps in Change

- Key steps in reducing such devastating disparities include:
 - increased access to health care over the idea of insurance care.
 - providers that practice patient-centered and culturally sensitive care.
 - More appropriately address quality measures.
 - Gain understanding. *Post Traumatic Slave Syndrome* by Joy Leary Degru.

Public Health Measures

- Screening for Trauma
- Community Health Workers
 - <https://www.americanprogress.org/issues/women/reports/2018/05/10/450577/health-care-system-racial-disparities-maternal-mortality/>
- Training of Police Officers
- Gun Control Measures
- Dollars to Educational Opportunities
- Environmental laws
- Other?

Time to Act--Declare Racism a Public Health Crisis

- Contact OPHA, OHA and your local health dept. and push for a position statement to Declare Racism a Public Health Crisis.
- Contact Leslie Gregory and your local health dept. if you've know of situations in your community where people are having problems accessing culturally appropriate care.
- Oregon has a [longtime history with racism](#). Is your community combatting racist behavior? Contact your elected official.
- Share your experiences and opinions directly with [Robert Redfield MD at the CDC](#). Need help? This website offers [some tips](#). Send Leslie Gregory a copy.

Time to Act--Create a Universal Healthcare System

- Contact your state legislator to schedule a meeting to support universal health care.
- Contact your professional organization and encourage the organization to actively participate in the universal health care movement.
- Share your stories of problems with insurance care at Hcao.org
- Tell others to get involved in the universal health care movement.
- Thank OPHA for its support for universal health care. Support at hcao.org.

More from the Authors

An Interview with Leslie Gregory

- https://www.youtube.com/watch?v=PS_SQcVH8CM

An Interview with Tom Sincic

- https://youtu.be/sNGo7CAq3_w
- Thanks to David Delk of the Alliance for Democracy
- Thanks to Portland Community Media

Join the Campaigns



<https://www.right2healthus.org/>

<https://www.hcao.org/>

References and Resources

- **Local Color**

- <https://www.opb.org/television/programs/local-color/>

- **The Racist History of Portland, the Whitest City in America**

- <https://www.theatlantic.com/business/archive/2016/07/racist-history-portland/492035/>

- **Stephen C. Redd, M.D., RADM, Director, Office of Public Health Preparedness and Response, CDC Disease Control and Prevention**

- <https://www.hhs.gov/about/agencies/asl/testimony/2018-01/cdc-facing-21st-century-public-health-threats-our-nations-prepared.html>

- **Cancer Facts & Figures For African Americans 2016-2018 (PDF)**

- <https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/cancer-facts-and-figures-for-african-americans/cancer-facts-and-figures-for-african-americans-2016-2018.pdf>

References and Resources

- **Race, Race-Based Discrimination, and Health Outcomes Among African Americans**
 - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4181672/>
- **Robert Redfield, MD at CDC**
 - <http://www.cdc.gov/about/cdcdirector/>
- **Writing Tips**
 - <https://www.barackobama.com/get-involved/ite/>