

THE WEIGHT-INCLUSIVE 411

The Weight-Inclusive Health Section and our 411 seeks to inform and resource the movement toward more evidence-based and weight-inclusive public health education, research and practice.

Oregon Public Health Association
Weight-Inclusive Health Special Interest Section

EDITION 04 | March 2025

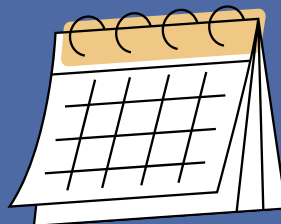


Thanks to everyone who joined us for our February 21st Roundtable Discussion! The event was hosted by Upstream Public Health and facilitated by Dr. Hannah Cory of the OHSU-PSU School of Public Health. Below are some notes and ideas that we would like to share from that event. Watch this 411 for information on our next Weight-Inclusive Health Section Roundtable Discussion!

We had a great brainstorming session about upcoming events where we might be able to participate and share information about weight-inclusive health. We would love to have your support and participation!

CLICK HERE! JOIN OUR EFFORTS!

- OPHA Board Retreat – May 1-2 in Bend – Provide either an informational or education presentation for the Board, either in person or virtually.
- OPHA Conference – October 14-15 in Hillsboro
 - Participate in creating the call for abstracts.
 - Participate in reviewing abstracts.
 - Suggest keynote speakers.
 - Submit abstracts, individually or in groups.
 - Request opportunities for Sections to table.
- OPHA Bylaws - Request that OPHA commit in writing to include body size in the organization's equity work.
- OPHA DEI Committee – Participate when this committee is formed.
- OPHA broader community – Create a professional development event for all OPHA members on how to add weight inclusion to our public health lens.
- Oregon Legislature – Track bills related to our work and share relevant information for potential advocacy.



We also had a couple topics for continuing discussion in our next Roundtable:

- Bringing a weight-inclusive perspective to public health projects and funding. This includes shifting both RFPs and responders away from stigmatizing language and potentially harmful strategies to a more weight-neutral approach.
- Effectively responding to questions or discussions on current weight-loss drugs, including safety, efficacy and inequities in access to them.



Please let us know if you have particular interest in either of these, or participate in our next Roundtable Discussion!

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CONTRIBUTORS

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